

Shadow  
Music by Neil Woolfson  
Lyrics by Victoria Hanks & Neil Woolfson  
Vocal Recording & Harmonies by Martha Evans

Stranger in the shadow  
The darker side of life  
Save her from the unknown  
Just give me back the light

I'm unfamiliar with my own steps and I  
I'm unforgiven with these past regrets and I'm  
Just defending what I got left  
Why is it so hard to breathe

Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember  
Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember

Fading from the meadow  
The feral in me gone  
Breaking from my own home  
Just give me back the dawn

I'm losing ground cos I'm missing my faith  
I'm getting closer but I'm closer to break  
The tension rises like a storm when I break  
But why's it so hard to breathe

Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember  
Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember

Some hear some say  
(come what may what may come)  
Somewhere someday  
(come what may what may come)  
Some hear some say  
(come what may what may come)  
I'm just not ready yet

It's too easy to wish for a different life

I think about the things I'd change  
I can't breathe easy life is hard at this height  
I'm a stranger to myself and I'm to blame  
I need to find who I lost  
And this shadow won't leave  
It's like a cross that hurts  
And crushes while I breathe

Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember  
Heart and soul that I don't know  
Help me to remember  
And I'm alone with this shadow  
Help me to remember