

LUNCH TIME MENU

WEEK 1

06.11.23
27.11.23
18.12.23
08.01.24
29.01.24
19.02.24
11.03.24



MonDAY

(v) Tomato & Basil Pasta Bake with Crusty Wholemeal Bread
Or
(v) Leek & Potato Pie
~
Served with Baked Beans
~
(v) Jacket Potato with Baked Beans
~
Cook's Choice Crumble & Custard

TuesDAY

Roast Chicken Dinner with Sage & Onion Stuffing & Gravy
Or
(v) Roast Quorn Fillet with Sage & Onion Stuffing & Gravy
~
Served with Creamy Mash, Baton Carrots & Garden Peas
~
Jacket Potato with Cheddar Cheese
~
Ginger Cake

WednesDAY

All Day Breakfast
Sausage, Hash Brown, Omelette & Wholemeal Bread
Or
(v) All Day Breakfast
~
Served with Baked Beans
~
Jacket Potato with Tuna Mayo
~
Raspberry Bun

ThursDAY

Hunter's Chicken – topped with BBQ Sauce, Ham & Melted Cheese with Wholegrain Rice
Or
(v) Spicy Meatless Balls in Tomato Sauce with Wholegrain Rice
~
Garden Peas & Sweetcorn
~
Jacket Potato with Cheddar Cheese
~
Cook's Choice Fruity Flapjack

FriDAY

Crispy Battered Fillet of Fish
Or
(v) Golden Vegetable Fingers
~
Served with Chips, Garden Peas or Beans
~
Jacket Potato with Baked Beans
~
Mixed Berry Mousse

WEEK 2

23.10.23 (hols)
13.11.23
04.12.23
25.12.23 (hols)
15.01.24
05.02.24
26.02.24
18.03.24



MonDAY

(v) Macaroni Cheese with Wholemeal Bread
Or
(v) Veggie Chilli Non Carne with Wholegrain Rice
~
Served with Green Beans & Carrots
~
Jacket Potato with Cheddar Cheese
~
Cook's Choice Fruit Pie & Custard

TuesDAY

British Roast Beef Dinner with Yorkshire Pudding & Gravy
Or
(v) Sausages with Yorkshire Pudding & Gravy
~
Served with Roast Potatoes, Diced Carrot & Swede
~
(v) Jacket Potato with Baked Beans
~
Homemade Rice Pudding



WednesDAY

Chicken & Ham Pie
Or
(v) Cheese & Onion Roll
~
Served with Creamy Mash & Baked Beans
~
Jacket Potato with Tuna Mayo
~
Golden Oat & Cherry Cookie

ThursDAY

Pork Meatballs in Tomato & Herb Sauce with W/G Pasta & Wholemeal Bread
Or
(v) Creamy Quorn & Sweet Potato Tikka Masala with Mixed Veg, Rice & Naan Bread
~
Served with Garden Peas
~
Jacket Potato with Cheddar Cheese
~
Shortbread

FriDAY

Crispy Coated Fishcake
Or
(v) Cook's Choice Pizza
~
Served with Chips, Baked Beans & Sweetcorn
~
Jacket Potato with Baked Beans
~
Chocolate Brownie



WEEK 3

30.10.23
20.11.23
11.12.23
01.01.24 (hols)
22.01.24
12.02.24 (hols)
04.03.24
25.03.24



MonDAY

(v) Pasta Bake with Crusty Wholemeal Bread
Or
(v) Cottage Pie
~
Served with Mixed Vegetables
~
Jacket Potato with Baked Beans
~
Chocolate & Mandarin Mousse

TuesDAY

Roast Pork Dinner with Sage & Onion Stuffing & Gravy
Or
(v) Vegetarian Sausage Roll
~
Served with Creamy Mash, Green Beans & Carrots
~
Jacket Potato with Cheddar Cheese
~
Jam Sponge & Custard



WednesDAY

British Beef Burger in a Bun
Or
(v) Crispy Veggie Burger in a Bun
~
Served with Herby Diced Potatoes & Baked Beans
~
Jacket Potato with Tuna Mayo
~
Cook's Choice Crumble & Custard

ThursDAY

Cook's Choice Chicken Curry with Naan Bread, Mixed Veg & W/G Rice
Or
(v) Mexican Tortilla Wrap filled with Melted Cheese, Sweet Peppers & Tomato Sauce
~
Served with Garden Peas & Sweetcorn
~
Jacket Potato with Cheddar Cheese
~
Chocolate Sponge Cake



FriDAY

Golden Crispy Coated Fish Fingers
Or
(v) Golden Crispy Nuggets
~
Served with Chips, Beans or Garden Peas
~
Jacket Potato with Baked Beans
~
Arctic Roll & Fruit Sauce

AVAILABLE DAILY: wholegrain bread basket, yoghurts, freshly prepared selection of fruit and fresh water – all our menus are compliant with the School Food Standards – we source as much of our products locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts –we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the unit catering manager.